



Rolesville Parks & Recreation

Presents:



Injury Prevention in Youth Athletics (Baseball)

\$5 Per Person

Rolesville Community Center

Thursday, March 31st

7 pm—8 pm

Registration deadline is Tuesday, March 29. Registration forms can be mailed to Rolesville Parks & Recreation PO BOX 250, Rolesville, NC 27571 or turned in at the Recreation office at 514 Southtown Circle, Rolesville, NC 27571.

The session will be lead by Dr. Ken D. Keese, DPT. Dr. Keese is a 2004 graduate and former Division I baseball player at High Point University. He obtained his Doctorate of Physical Therapy Degree from East Carolina in 2008. He is a licensed Physical Therapist at Goldsboro Physical Therapy. His primary specialty is sport related injuries of the shoulder and elbow.

The purpose of this session is to educate coaches and parents of athletes on ways to reduce the risk of stress and injury associated with pitching and overhead throwing.

For more information please contact the Rolesville Parks & Recreation Department at 554-6582.

Space is limited to the first 40 paid registrations!

Name _____

Street Address, City, Zip _____

Home Phone Number _____

Mobil Phone Number _____

Email address _____

Official use only:

Date Paid _____ Cash _____ Check # _____ Received by _____